KINGSBRIDGE-RIVERDALE-MARBLE HILL Food & Hunger Project, Inc. P. O. Box 251 Riverdale Station, Bronx, NY 10471

Dr. Mathilda Furman (1916-2000) *Founder* 

Dr. Frances Segan, President Participating Organizations

Church of the Mediator Christ Church of Riverdale CSAIR RKSD Clergy Conference Riverdale Presbyterian Church Riverdale Temple Riverdale Temple Riverdale - Yonkers Society for Ethical Culture St. Margaret's R.C. Church Riverdale AARP Congregation Shaarei Shalom

## SUGGESTED GROCERY DONATIONS

- Canned/boxed healthy soups-low salt, when possible
- Canned protein-corned beef hash, canned corned beef, canned chicken breast, canned stew (beef or turkey); canned salmon, tuna, sardines, etc.
- Jars of Peanut Butter
- Jars of Jelly-grape, strawberry, etc.
- Canned vegetables-all varieties-low salt, when possible
- Boxes of Rice
- Canned beans-white, red kidney, garbanzos, navy beans, black beans, etc.
- Canned fruit-peaches, pears, pineapple; jars/tubs of applesauce (sugar/no sugar)
- Healthy hot and cold cereals-low sugar content
- Boxed pasta-all varieties
- Jars of Tomato Sauce; canned tomatoes
- Juices-apple, orange, etc.
- Boxed puddings and gelatin; cake mixes
- Miscellaneous-canned milk, coffee, tea

## **ON-GOING GROCERY COLLECTION SITES**

- Riverdale Temple
- Riverdale Presbyterian Church
- Christ Church of Riverdale
- Riverdale-Yonkers Society for Ethical Culture
- Apple Bank (Johnson Ave.)
- Wells Fargo Bank (Riverdale Ave.)
- Country Bank (235<sup>th</sup> St.)